

## **Adelante Abroad Essential Eligibility Criteria**

Building culturally competent and solutions-oriented individuals is one of the main missions of the Adelante Abroad programs. While we don't place the highest number of candidates abroad each year, the title of "International Internship Specialists" is deserved. Further, our Study Abroad programs are the most economical in the marketplace. The best candidates for our programs are independent, flexible and curious individuals. Below are the essential eligibility requirements for interested candidates.

**Adelante Abroad Internship & Study Programs are open to all individuals who meet the following requirements:**

- Are 18 years of age or older.
- Are able to manage all personal care and mobility independently.
- Are able to comprehend and follow instructions.
- Are comfortable traveling alone.
- If taking prescription medications, are able to maintain proper dosage by self medicating without assistance from Directors or others.
- Participate and integrate into new urban or rural (Scotland and Uruguay only) surroundings, despite potentially stressful situations. This may require problem solving on an interpersonal or group level as well as a willingness to accept differences.
- At a minimum be able to negotiate and travel daily, after in depth orientation on usage, foreign public transportation such as underground metros and buses.
- The ability to avoid acts that exhibit disregard for the health, safety and welfare of others.
- The ability to communicate clearly with Directors, roommates, other candidates and supervisors and / or faculty.